

# Total Body Purifier

Part of the Dual-Action Cleanse® Kit

## Each tablet contains a proprietary blend including:

- **Alfalfa** - Used to increase peristalsis of the bowels and as a blood purifier.
- **Beet Root** - Circulation enhancer and blood purifier.
- **Black Cohosh Root** - Traditionally used for the central nervous system and as a woman's tonic.
- **Burdock Root** - Blood purifier, breaks down carbohydrates; supports the liver, kidneys and skin.
- **Cayenne Fruit** - Carminative, stimulates digestion, and as a catalyst, carries other herbs quickly to the part of the body where they are needed most.
- **Chickweed Leaf** - Supports the blood, stomach, bowels, and skin; traditionally used for fevers and inflammation.
- **Club Moss** - Traditionally used to enhance digestive function.
- **Dandelion** - Traditionally used to support the liver and kidneys.
- **Echinacea Angustifolia Leaf Extract** - Traditionally used as an anti-bacterial, stimulates the immune system and is reported to support the lymphatic system.
- **Eleuthero** - an adaptogen which balances body functions and supports the body's resistance to stress. Also increases energy and stamina and supports the adrenal glands.
- **Fennel Seed** - Helps expel gas from the bowels; traditionally used as a stomachic.
- **Fenugreek Seed** - A demulcent, used to aid digestion.
- **Ginger** - A carminative, used to aid digestion.
- **Ginkgo Biloba Extract** - A brain and circulatory antioxidant.
- **Green Tea Extract** - Contains polyphenols and flavones that may inhibit the formation of nitrosamines, which are known carcinogens (cancer-causing chemicals).
- **Hawthorn Berries** - Rich in phytochemicals that benefit the heart and circulation; a harmonizing herb.
- **Horsetail Herb** - Supports the kidneys and digestive system.
- **Irish Moss** - A demulcent, soothes kidneys, bladder and lungs.
- **Licorice Root** - Supports the liver, lungs and digestive system, also a harmonizing herb.
- **Marshmallow Root** - Traditionally used to soothe and support the intestines.
- **Milk Thistle Seed Extract** - Supports the liver in the release of toxins.
- **Mullein Leaf** - Traditionally used to support lung function, to loosen mucus and move it out of the body.
- **Pacific Kelp** - Rich source of minerals, especially iodine, which aids in metabolism.
- **Papaya Leaf** - For digestive support.
- **Peppermint Leaf** - Stomachic, antispasmodic; supports digestion.
- **Plantain Herb** - Traditionally used to break up intestinal mucus.
- **Red Clover Leaf** - Traditionally used as a blood purifier and to support healthy skin.
- **Red Raspberry Leaf** - A blood tonic; soothing to the stomach.
- **Safflower Oil** - Shown to have an anti-inflammatory effect.
- **Scullycap Herb** - Antispasmodic; helps to calm the nerves.
- **Slippery Elm Bark** - A demulcent, soothes the digestive tract.
- **Yarrow Flower** - Traditionally used as a tonic, carminative and anti-inflammatory.
- **Yellow Dock Root** - One of the best "blood builders" in the herb kingdom; supports the liver and bile production.